Appendix A

Pre-Meeting Survey

| Cowiey County Health Needs Assessment 1 te-meeting outvey |
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| Introduction |
| This survey should take no more than 10 minutes to complete. By getting your input before the December 17th meeting, we hope to maximize our time together as we review and select priorities to address for a healthier Cowley County in 2016 and beyond! If you are unable to attend the meeting on the 17th, your input is particularly needed and valued. |
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Review of 2013-2015 Priorities

For the 2013 needs assessment, two priority areas were selected:

Priority #1: Promote health, wellness, and chronic disease prevention

Priority #2: Enhance access to health service providers

These questions relate to how relevant these priorities as well as the suggested strategies or actions under each priority are to your community.

1. Considering Priority #1 and its strategies from the last health assessment, please rate how strongly you agree with this statement for EACH of the priority or strategy items listed:

For EACH statement below, how strongly do you agree that, "this is a top health priority/strategy for our community and must be addressed in a coordinated, concerted effort over the next 3 years with focused attention, time and resources"?

| | Strongly Disagree | Disagree | Neutral | Agree | Strongly Agree |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------|----------|---------|-------|-------------------|
| Priority #1, in general: Promote health, wellness, and chronic disease prevention | | | | | |
| 1.1. Emphasize health education from cradle to grave | | | | | |
| 1.2. Focus on youth, teaching healthy lifestyle behaviors that can be carried throughout life (e.g., hygiene, nutrition, exercise, etc.) | | | | | |
| 1.3. Help adults achieve healthier lifestyles (e.g., weight loss, tobacco cessation, responsible alcohol use) | | | | | |
| 1.4. Work to prevent cancer and other chronic disease incidence through lifestyle education and modification, and through promotion of appropriate screening practices | | | | | |
| 1.5. Increase awareness and use of existing local services and providers thereby reducing health spending leakages | | | | | |
| 1.6. Work with existing local institutions (e.g., school district, local governments, etc.) to collaborate with health and wellness education | | | | | |

| agree with this statement for EACH of the priority or strategy items listed: | | | | | |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------|-------------------------------|-------------|-------------|-------------------|
| For EACH statement below, how strongly do you agree that, "this is a top health priority/strategy for our community and must be addressed in a coordinated, concerted effort over the next 3 years with focused attention, time and resources"? | | | | | |
| | Strongly Disagree | Disagree | Neutral | Agree | Strongly Agree |
| Priority #2, in general: Enhance access to health service providers | | | | | |
| 2.1. Health service provider recruitment and retention is a key component. | | | | | |
| 2.2. Issues of affordability affect access. Direct those eligible and in need toward available resources and assistance. | | | | | |
| 2.3. Enhance communication and collaboration across health service providers to ensure more complete case management. | | | | | |
| 2.4. Support options for access to care for the medically | | | | | |
| underserved. 3. The two priorities from 2013 are fairly broad; there call-encompassing priorities versus very specific priorities Current (2013-2015) Priorities | | positives a | nd negativ | es to havin | ng broad, |
| underserved. 3. The two priorities from 2013 are fairly broad; there call-encompassing priorities versus very specific priorities | 9S. | positives a | nd negativ | es to havin | ng broad, |
| underserved. 3. The two priorities from 2013 are fairly broad; there call-encompassing priorities versus very specific priorities Current (2013-2015) Priorities 41: Promote health, wellness, and chronic disease prevents: Enhance access to health service providers Looking ahead, do you think any updated priorities sho | es. vention | | | | |
| 3. The two priorities from 2013 are fairly broad; there can all-encompassing priorities versus very specific priorities Current (2013-2015) Priorities 41: Promote health, wellness, and chronic disease previous Enhance access to health service providers | es. vention uld be sim | ilarly broad | , or should | | |
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| B. The two priorities from 2013 are fairly broad; there call-encompassing priorities versus very specific priorities Current (2013-2015) Priorities 21: Promote health, wellness, and chronic disease previous Enhance access to health service providers Looking ahead, do you think any updated priorities sho specific? New or updated priorities should be similarly broad or encomp | vention uld be sim assing as the | ilarly broad current prior | , or should | | |
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| B. The two priorities from 2013 are fairly broad; there call-encompassing priorities versus very specific priorities Current (2013-2015) Priorities E1: Promote health, wellness, and chronic disease previous E2: Enhance access to health service providers Looking ahead, do you think any updated priorities show specific? New or updated priorities should be similarly broad or encompose New or updated priorities should be somewhat more specific the New or updated priorities should be significantly more specific. | vention uld be sim assing as the | ilarly broad current prior | , or should | | |
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Additional Potential Priority Issues

Based on data from the 2013 community health assessment, current data, the CHIP (community health improvement plan), community health leader suggestions, and national and state key health indicators, the following potential priorities and strategies are suggested for your consideration. Some are broad, and some are specific.

4. In terms of being prioritized for a coordinated, concerted effort over the next 3 years with focused attention, time and resources, how high of a priority for Cowley County is each issue related to HEALTHY LIFESTYLES?

| | Very Low | Low | Medium | High | Very High |
|----------------------------------------------------------------------------|-----------|-----|--------|------|-----------|
| Healthy Eating | | | | | |
| Community Gardens | | | | | |
| Farmers' Markets | | | | | |
| Physical Activity for Children and Youth | | | | | |
| Physical Activity for Adults | | | | | |
| Obesity | | | | | |
| Trails and Pathways | | | | | |
| Healthy Environment (clean water, clean air, etc.) | | | | | |
| Community Culture of Wellness (other than nutrition and physical activity) | | | | | |
| Tobacco Use | | | | | |
| Alcohol and Drug Abuse | | | | | |
| Violence | | | | | |
| Workplace Wellness, Employer-Offered Wellness Incentives | | | | | |
| Other very high priority issue(s) related to healthy lifestyles (please | specify): | | | | |

| | Very Low | Low | Medium | High | Very Hig |
|----------------------------------------------------------------------------------------|----------------|---------|--------|------|----------|
| Health Screenings | | | | | |
| Mental Health | | | | | |
| Oral Health | | | | | |
| Pharmaceuticals/Medications (Affordable, Accessible) | | | | | |
| Surgical Services | | | | | |
| ong-Term Care, Nursing Care, Assisted Living | | | | | |
| Regional Approach to Healthcare Provider and System Access | | | | | |
| Coordination/integration of Mental, Physical, and Oral Health Services | | | | | |
| Access for Underserved | | | | | |
| ack of Health Care Coverage or Underinsurance | | | | | |
| Transportation | | | | | |
| Healthcare Marketplace Navigation and Education | | | | | |
| Educate Employers, Improve Insurance/Plans/Self-Insurance | | | | | |
| hrough Employers her very high priority issue(s) related to access and health service | es (please spe | ecify): | | | |

| | Very Low | Low | Medium | High | Very High |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|------------|----------|--------|-----------|
| Cancer | | | | | |
| Diabetes | | | | | |
| Heart Disease | | | | | |
| Cerebrovascular Disease (Stroke) | | | | | |
| Chronic Lower Respiratory Disease (chronic bronchitis, emphysema, asthma) | | | | | |
| Suicide | | | | | |
| njuries | | | | | |
| Motor Vehicle Accidents/Traffic Injuries | | | | | |
| Mental Health, Depression, or Anxiety | | | | | |
| In terms of being prioritized for a coordinated, contention, time and resources, how high of a priority | | | • | | |
| In terms of being prioritized for a coordinated, co | is each issue | related to | MATERNAL | AND CH | HILD |
| In terms of being prioritized for a coordinated, contention, time and resources, how high of a priority | | | • | | HILD |
| In terms of being prioritized for a coordinated, contention, time and resources, how high of a priority EALTH for Cowley County? | is each issue | related to | MATERNAL | AND CH | |
| In terms of being prioritized for a coordinated, contention, time and resources, how high of a priority EALTH for Cowley County? Adequate Prenatal Care | is each issue | related to | MATERNAL | AND CH | HILD |
| In terms of being prioritized for a coordinated, contention, time and resources, how high of a priority EALTH for Cowley County? Adequate Prenatal Care | is each issue | related to | MATERNAL | AND CH | HILD |
| In terms of being prioritized for a coordinated, contention, time and resources, how high of a priority EALTH for Cowley County? Adequate Prenatal Care | is each issue | related to | MATERNAL | AND CH | HILD |
| In terms of being prioritized for a coordinated, contention, time and resources, how high of a priority EALTH for Cowley County? Adequate Prenatal Care Infant Mortality Teen Pregnancy Smoking During Pregnancy | is each issue | related to | MATERNAL | AND CH | HILD |

Suggested Priorities for 2016-2018

| Consider again the current priorities selected in 2013: | | | | | |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|--|
| Priority #1: Promote health, wellness, and chronic disease prevention Priority #2: Enhance access to health service providers | | | | | |
| Looking ahead, no more than 3 total priorities are recommended. | | | | | |
| 8. Which statement best describes what you think the priorities should be going forward? | | | | | |
| Keep the current priorities and continue to work on them | | | | | |
| Keep the current priorities but refine/change strategies or objectives under those priorities, as needed | | | | | |
| Refine or update the current priorities themselves | | | | | |
| Add an additional priority | | | | | |
| Make the priorities more specific | | | | | |
| Start from a "blank slate" and consider new priorities | | | | | |
| Other or comments: | | | | | |
| | | | | | |
| | | | | | |
| 9. Thinking about the current priorities, strategies under those priorities, other potential priorities mentioned in this survey, as well as your own knowledge of the community, what do you think the new health priorities should be going forward? List no more than three. They may be broad or specific. | | | | | |
| First priority: | | | | | |
| Second priority: | | | | | |
| Third priority: | | | | | |
| 10. What community do you represent? Please enter your home and work zip codes. | | | | | |
| Home Zip Code: | | | | | |
| Work Zip Code: | | | | | |
| Other comment(s) on the community you represent: | | | | | |

| 11. Do you have any other comments you'd like to share as we prepare fo | r the December 17th meeting? |
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